



# physician

# flash

November 15, 2010

SAINT JOSEPH  
Regional Medical Center  
125 Years of Faith Based Healthcare in Michiana  
A MEMBER OF TRINITY HEALTH

## Nursing & Evidence-Based Practice at SJRMC

Evidence-based practice (EBP) is a proven foundation for excellence in patient care and nursing practice.

SJRMCM has asked our Research and EBP Nursing Committee to support and address clinical questions that nurses have concerning the quality of their practice. EBP has been shown to increase patient, family, staff, and faculty satisfaction, decrease known variances, improve efficiency and be cost effective.

This committee understands that many nurses want to discuss clinical practice concerns and make changes based on evidence and proven rationale. We want our nurses to solve their own puzzles and develop "AH-HA" moments! The goal of the committee is to guide nurses in the discovery process, while ensuring that education and support are available to the nurse researcher. The committee is made up of nurses from a variety of backgrounds, bound together by a passion for improving patient outcomes through research and the use of



best practices. We are fortunate to have professors from our neighboring schools of nursing to assist with their expertise in evidence-based processes.

Please feel free to forward any questions to committee co-chairs, **Rachel Moody** at [moodyra@sjrmc.com](mailto:moodyra@sjrmc.com) or **Rachel Savoie** at [savoier@sjrmc.com](mailto:savoier@sjrmc.com). Thank you!

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### Avoiding Identity Theft

By Cynthia Miller, Vice President

Who will you cross paths with today? Teachers? Doctors? Neighbors? Identity Seekers?

Identity Seeker? Yes, an identity seeker tries to obtain bits of information about you and then use that information to commit fraud or theft. Identity Theft is one of the worst things that can happen to your personal finances. When someone assumes your identity they can ruin your credit score and destroy your financial reputation for years. Identity theft is a growing crime; the FTC estimates that as many as 9 million Americans have their identities stolen each year. In fact, you or someone you know may have experienced some form of identity theft.

The following steps outline your best defense to protect against identity theft.

#### Protect your personal information:

- Watch your accounts on a daily basis and confirm that all transactions are correct.
- Clean out your wallet and purse and only carry what you need.
- Limit the credit cards you carry.
- Do not carry your Social Security card, birth certificate or passport regularly.
- Keep confidential records in a safe locked place.
- Don't throw credit card or ATM receipts into a public trash container or leave them at a place of business. Always take them with you and shred.
- Watch the mail when you are expecting a new or reissued credit card.
- Review your credit report at least annually from each of the credit reporting agencies.



## Save the Date

Saint Joseph Regional Medical Center  
Physician Holiday Party

Wednesday, December 15, 2010 • 6 - 9 pm  
Cocktails & Hors d'oeuvres

Century Center • 120 South St. Joseph Street • South Bend

Join us as we celebrate the holiday season and present physician awards, including the Blessed Basil Moreau Award. Named for the founder of the Holy Cross Sisters, Priests and Brothers, this award annually honors a member of our Medical Staff who is distinguished in areas of service and commitment to healing.

An additional event will be held in the spring to recognize physicians who have reached milestones in their years of service. Thank you for your dedication to our patients and improving the health of our community.

RSVP to 574.335.2386 by December 3, 2010.

# Outpatient Treatment & Infusion Center

## Advanced Services Convenient for Your Patients

Saint Joseph Regional Medical Center offers a broad spectrum of quality Outpatient Treatment and Infusion services throughout our health care system:

- Mishawaka Campus ..... 574.335.1120
- Plymouth Campus ..... 574.936.3181
- Elm Road Medical Campus (south side of Mishawaka) ..... 574.252.3610

### Patient Orders

Physicians who refer patients to the Outpatient Treatment & Infusion Center must have privileges to do so. Appointments can be made through the Appointment Center by calling **574.247.5400**.

To help us provide your patient with the highest quality care, please include ALL of the following information with each patient order.

- Patient Name
- Patient DOB
- Name of Medication or IV Fluid
- Dosage or amount of IV Fluid
- Number of Treatments or Infusions
- IV Access to be Used (peripheral, implanted port, PICC line)
- Diagnosis/Reason for Test
- Physician Name
- Physician Signature, Date & Time (no stamped orders)

Thank you for your assistance as we strive to provide the best possible care for your patients.



## Plymouth Senior Expo

Special thanks to our physicians who participating during the Marshall County Senior Expo on November 2 in Plymouth, including Dr. Josephine Randazzo, Dr. Tim Peters, Dr. Noreen Faulkner and Dr. Joe Faulkner, who sponsored our “Meet the Docs” booth, and had the opportunity to meet and talk with many members of our community.

Pictured here is Dr. Tim Peters of Marshall County Family Practice with Dr. Noreen Faulkner of Marshall County OB/GYN.



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- Never put outgoing mail that may contain checks or tax documents in your mailbox at home.
- Shred documents containing any personal information before disposal.

### Know who you are dealing with:

- Never reply to emails or pop-up messages asking for personal information.
- Never release your personal information unless you are certain of the request.
- Never give out your credit card number or other personal information over the telephone unless you have a trusted business relationship with the company or individual AND YOU HAVE INITIATED THE CALL.
- Never use personal information as passwords.
- Only order from Internet sites that use secure methods of obtaining personal account or credit card information.

### Passwords:

- Choose a secure password that does not use personal information that someone could be likely to figure out. Things like your name, phone number, address and birth dates should be avoided.
- Do not write your passwords anywhere.
- Change your passwords often.
- Never write your Personal Identification Number (PIN) on your ATM/Debit card.
- Never write your Social Security Number on a check.

### Make sure your systems are set up properly and updated:

- Use a firewall when you access the Internet by cable or broadband.
- Use updated anti-virus and anti-spyware software.
- Always log off after an online banking session.
- When using a public computer do not input personal information.

### If you suspect your identity has been stolen:

- Immediately file a report with your local police.
- Call the Federal Trade Commission at **1-877-ID-Theft**.
- Contact the three major credit bureaus to place a fraud alert on your record.
- Contact your financial institutions.
- Maintain a log of each contact with authorities and creditors.

Stay vigilant and armed with the knowledge of how to protect yourself and take action. You can make identity thieves' jobs much more difficult. For more information please contact **Cyndi in the Private Banking group of 1st Source Bank at 235-2266**.

Sponsored by 1st Source Bank

# Sister Maura Brannick, CSC, Health Center Receives \$400,000 Donation



Saint Joseph Regional Medical Center's Sister Maura Brannick, CSC, Health Center, which provides health care for so many of the uninsured and underserved, received a very generous donation from Phil Quinn, PhD, Philosophy, of the University of Notre Dame.

Quinn, well known as an author and speaker, and for his generosity, passed away recently. His wishes included a \$400,000 donation to the

Health Center, which Sister Maura Brannick received in the form of a check on Friday, October 29.

"This is simply incredible and will help us to do what we do here for so many who need our help," said Sister Maura. "God bless Dr. Quinn for such kindness and generosity. We will carry on his legacy

here by using this wonderful donation to help those in need. This man is truly a jewel and this gift is absolutely heartwarming."

Quinn specialized in the philosophy of religion and the philosophy of science. He was the author of 200 articles, reviews, and entries in major reference works plus another 193 short reviews in Mathematical Reviews. He gave more than 180 papers or lectures for learned societies and universities. Quinn was elected to the American Academy of Arts and Sciences in 2003.

"Dr. Quinn was a fascinating man and, obviously, a very generous person," said Tom Reiting, SJRMC's Interim President and CEO.

"His contributions to philosophy and education are treasures for which academia will always be thankful and now his gift to this Health Center is something for which we cannot say thank you enough."



## The Great American Smokeout® 2010:



The Great American Smokeout® is set this year for Thursday, November 18. On this day, smokers across American say "no thanks" to cigarettes for 24 hours, in the hope it is the first day of a tobacco-free life.

According to the CDC, smoking prevalence dropped in Indiana this year to 23.1 percent, but is still significantly higher than the national average, which hovers around 19 - 20 percent.

Remember, SJRMC's Tobacco Cessation Program can offer your patients extra resources and help. For more information, they can contact Jill Sabo at 574.252.0362 or [saboj@sjrhc.com](mailto:saboj@sjrhc.com).



Please support the Great American Smokeout and help us improve the health of our patients and our entire community.

## 2010

### Department of Medical Education Upcoming CMEs

#### Ethical & Religious Directives for Catholic Health Care Services

December 1, 2010 • 12:15 - 1:15 pm  
SRJMC - Mishawaka  
Education Center, Garden Level



#### Featured Speaker:

Fr. James Foster, MD, CSC  
Ethics Consultant  
Saint Joseph Regional Medical Center, Mishawaka, Indiana

#### After attending this program you should be able to:

- Describe the Ethical and Religious Directives for SJRMC
- Explain the changes in the new edition regarding Assisted Hydration & Nutrition
- Assist primary care physicians in a faith based hospital to employ the ethical directives in the context of their medical care

# News

Please send any news, honors, awards or certifications you would like to see included in Physician Flash to Lindahl Wiegand, [wiegandl@sjrmc.com](mailto:wiegandl@sjrmc.com) or contact her at 472-6903.

## Upcoming Medical Staff & Hospital Committee Meetings

**Mishawaka Campus:** For more information call 574.335.1052

**Emergency Department**  
Emergency Conference Room  
November 16, 7:30 am

**Infection Prevention**  
Education Center  
November 16, Noon

**Breast Cancer Forum**  
Education Center AB  
November 18, 6:30 am

**Cardiovascular Services**  
Administration Board Room  
November 18, 7 am

**Peripheral Vascular Operations**  
Administration Board Room  
November 23, 7 am

**Otolaryngology Subsection**  
Administration Board Room  
November 24, 7 am

**Clinical Resource Management**  
Administration Board Room  
November 30, 7 am

**Medical Staff Officer Mtg**  
CEO Conference Room  
November 30, 7 am

**Plymouth Campus:** For more information call 574.935.2260

**Medical Staff**  
Education Center  
November 19, Noon

**Surgery Committee**  
Board Room  
November 19, 11 am

## Mishawaka Campus New Appointments

Mohammad S. Aslam, MD	Cardiology
Daniel G. Bruetman, MD	Hematology/Oncology
Martin C. Burke, DO	Cardiology
Carolyn R. Cole, DPM	Podiatry
Melissa A. Hickey, MD	Pediatrics
Charisse D. Johnson, MD	Pediatrics
Daniel M. Kinney, MD	Pediatrics
Daniel G. Klauer, DDS	Dentistry/General
Ersalan A. Rahman, MD	Ophthalmology

## Mishawaka Campus 2010 Medical Staff Officers

President . . . . . F. Moncrief Dobson, MD  
Vice-President . . . . . William Stonehill, MD  
Secretary/Treasurer . . . . . Mark Lewis, DO

## Plymouth Campus 2010 Medical Executive Committee

President . . . . . Elizabeth Rutherford, MD  
Vice President . . . . . Josephine Randazzo, DO  
At-Large . . . . . Julie Marie Gerick, MD  
At-Large . . . . . Rod Kubley, MD  
At-Large . . . . . Joel Schumacher, MD

## physician flash

Physician Flash is a monthly newsletter published for SJRMC Physicians.

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Physician Flash is designed to keep you informed about the latest happenings in the Saint Joseph health system. This publication features new technology, services and programs important to you, your office staff and your patients.

To submit information or story ideas for future issues of Physician Flash, or to receive Physician Flash via e-mail, please send an e-mail to the Marketing Department care of Lindahl Wiegand, at [wiegandl@sjrmc.com](mailto:wiegandl@sjrmc.com).

### Mission Statement

We serve together in Trinity Health, in the spirit of the Gospel, to heal body, mind and spirit, to improve the health of our communities, and to steward the resources entrusted to us.



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125 Years of Faith Based Healthcare in Michiana  
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5215 Holy Cross Parkway  
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